

Pacific Coast Dental Corporation
Your Key To The World Of Perfect Root Canal Treatments

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Post – Operative Instructions

1. After treatment, your tooth will have a temporary filling. To avoid dislodging it, please wait 1 hour before eating to let it set up. Avoid chewing any sticky foods until you have had the permanent restoration placed by your general dentist.
2. Avoid eating anything or drinking anything hot until anesthetics have worn off and your lip feels completely normal. *Failure to do so could result in injuring yourself.*
3. Treatment may require more than one working appointment. Make sure that you schedule your completion appointment after leaving the office. *Failure to complete treatment in a timely manner could result in discomfort and the possible need for added treatment, which can result the loss of your tooth.*
4. Discomfort for a few days following treatment is not uncommon. If the doctor has prescribed any medication please complete the entire prescription as directed. If symptoms persist, please contact our office.
5. Be sure to return for your routine, follow – up appointment.
6. Warm salt-water rinses are an excellent healing method especially for your gums. Place one teaspoon of salt into one cup boiling water. Mix and let it cool to room temperature. Rinse with this solution as often as possible for the first few days. *Doing this is highly recommended and could cut your healing time in half.*
7. If you have any question or concerns, please do not hesitate to call our office.